



# Safety Council News

*Florida Association of Safety Councils - Newsletter - 13th Edition*

*April–June 2008 Take care! Safety is no accident!*

FASC provides a forum for Florida Safety Councils to examine and act on issues impacting living, occupational and public safety.

FASC develops safety education programs available to member Councils individually or collectively.

*The North Florida Safety Council serves Southeast Alabama, Southwest Georgia and North Florida. The North Florida Safety Council has offices located throughout North Florida. We are a member of the Florida Association of Safety Councils and American Association of Safety Councils.*

*Visit our Website at:*  
**[www.nflasafety.com](http://www.nflasafety.com)**

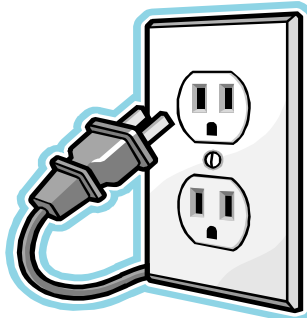
*E-mail us at:*  
**[nf@embarqmail.com](mailto:nf@embarqmail.com)**  
**[erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com)**

*Tallahassee & Georgia*  
2003-B Apalachee Pkwy,  
Parkway Office Building  
Tallahassee, FL 32301  
850-877-5193 Ext. 106  
Fax: 850-877-8428  
Toll free: 888-905-8959

*Marianna and Panama City*  
800-858-4842  
850-482-5523  
Panama City  
850-784-4451

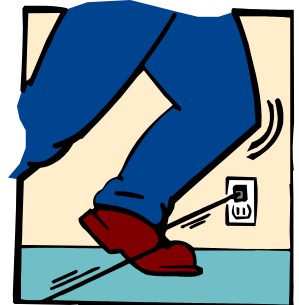
*Pensacola & Ft. Walton Beach*  
850-484-2858-Pensacola  
850-864-2523-Ft Walton Beach

*Georgia and Alabama call*  
1-888-905-8959



## Electrical Safety

## Extension Cords



- Look for a certification label from an independent testing lab such as UL (Underwriters Laboratories ) or ETL (Electrical Testing Laboratories) on the package and on the product itself. Products with this certification label meet current industry safety standards. For extension cords, look for a permanently attached certification label on the cord near the plug. For power strips and surge protectors, inspect the underside of the casing and make certain that it is marked with the manufacturer's name and the testing lab.
- Use electrical cords, power strips and surge protectors that have polarized plugs with one blade slightly wider the other, or grounded three-pronged plugs. These features reduce the risk of electric shock.
- Use special, heavy duty extension cords for high wattage appliances such as air conditioners, portable electric heaters and freezers.
- Extension cords used outside should be specifically designed for such use to guard against shock.
- Insert plugs fully so that no part of the prongs are exposed when the cord is in use.
- Never cover any part of an extension cord with rugs or other objects while it is in use. If the cord is covered, heat cannot escape, which can result in fire.
- Don't overload cords with too many appliances. Change the cord to a higher-rated one or unplug and relocate appliances to other outlets.
- Make sure cords do not dangle from the counter or table tops where they can be pulled down or tripped over.
- If a cord feels hot to the touch, stop using it and throw it away.
- Replace cracked or worn cords.

Don't use extension cords to compensate for inadequate home wiring. Use extension cords only when necessary and only on a temporary basis.

Electrical Safety	Page 1
Lawn and Garden Care Dangers	Page 2
Lawn and Garden Care Dangers - Safety Glasses	Page 3
FASC Mission Statement and Safety Partners	Page 8



## **CPSC Alerts Consumers to Lawn and Garden Care Dangers**

### **More Than 800 Young Children Are Run Over by Riding Mowers Each Year**

The U.S. Consumer Product Safety Commission (CPSC) reminds consumers to practice safety and common sense when working in their yards and gardens this summer. About 230,000 people each year are treated in hospital emergency rooms for injuries relating to various lawn and garden tools.

Each year, about 75 people are killed and about 20,000 are injured on or near riding lawnmowers and garden tractors. One out of every five deaths involves a child. CPSC estimates that most of the deaths to children occurred when a child was in the path of a moving mower.

"No parent wants their child to be one of these statistics," said CPSC Chairman Ann Brown. "Young children move quickly and are attracted to mowing activity, but they don't understand the dangers it poses. Parents should keep young children away from any outdoor power equipment."

The CPSC safety standard for walk-behind mowers has substantially reduced the number of mower injuries. In addition, CPSC has worked with industry on a standard for riding mowers to stop the blade if the rider gets off or falls off the seat.

CPSC advises consumers to learn about the hazards of each piece of equipment, and take the following precautions to prevent injuries to children and themselves from lawn and garden equipment:

- Children should never be in the yard while you're mowing, and they should never ride on the mower. More than 800 young children get run over or backed over by riding mowers each year. This happens when children fall while being given rides, or when they approach the operating mower.
- Never assume children will remain where you last saw them. Be alert and turn off the mower if children enter the mowing area. Use extra care when backing up or going around corners, shrubs, trees or other obstacles.
- Many children suffer serious burns to their hands and arms when they touch the hot muffler of running or recently running engines. Keep children away from power equipment.
- Be sure you know how to operate the equipment. Know where the controls are and what they do. Make sure the equipment is in proper operating condition and guards or other safety devices have not been removed or disabled.

**Continued on Page 3**

---

Visit us on the web @ [www.nflasafety.com](http://www.nflasafety.com)

- Dress appropriately for the job. This includes: sturdy shoes with slip-resistant rubber soles, long pants and long-sleeved shirts, close-fitting clothes, eye protection, heavy gloves, hearing protection when needed, and no jewelry, which can get caught in moving parts.
- Before mowing, walk around the area in which you will be working to remove any objects like sticks, glass, metal, wire, stones and string that could cause injury or damage equipment. Nails and wire are the most hazardous objects thrown by mowers, capable of killing bystanders.
- Never work with electric power tools in wet or damp conditions. For protection against electrocution, use a ground fault circuit interrupter (GFCI). GFCIs come in several models, including portable plug-in types and as part of some extension cords.
- Be sure that extension cords are in good condition, are rated for outdoor use, and are the proper gauge for the electrical current capacity of the tool.
- Before making adjustments or clearing jams near moving parts, unplug electric tools and disconnect spark plug wires on gasoline-powered tools.
- Be sure that power tools are turned off and made inoperable if they must be left unattended. This will help prevent use by children.
- Handle gasoline carefully. Remember never to fill gas tanks while machinery is operating or when equipment is still hot. Do not fuel equipment indoors. Wipe up spills. Store gas in an approved container away from the house. Finally, never smoke or use any type of flame around gasoline.



**Safety Glasses help  
prevent eye injuries at  
home and at work.**

**Wear them .....**



Accidents resulting in eye injuries can happen to anyone. Over half (55%) of the victims of eye injuries are under 25. Many of these injuries, over 100,000 annually, occur during sports or recreational activities. Most important of all, 90% of all eye injuries could have been prevented.

When an injury does occur, it is always best to have an ophthalmologist (eye physician and surgeon), examine the eye as soon as possible. The seriousness of the injury may not be immediately obvious.

**Call us @ 1-888-905-8959 to conduct  
your monthly safety meetings on-site.**

We thank the following companies listed below for allowing us to conduct training for their employees.

B E & K Construction  
Precision Engine Products  
Jean Woo, DDS  
Florida Gas Transmission  
Energy Services of Pensacola  
Twelve Oaks  
Opus South Construction Corp.  
Charis Children's Home  
Harborlite Corp  
Apalachee Center for Human Services  
Good Sheppard's Parrish  
Westwood Retirement Center  
Kidz Zone, Inc.  
U.S. Environmental Protection Agency  
La Petite Academy  
Chelco Services  
Total Fitness Gym  
VMS Corporation  
Outsource  
Florida Housing Finance Department



Holmes Tool and Engineering, Inc.  
Solomon Construction Company  
First United Meth.Ch.of Niceville  
Workforce Plus  
City of Chipley  
Big Bend Homeless Coalition  
South Eastern Surveying  
C.W. Roberts Contractors  
Childcare Network of Panama City  
Dolomite, Inc.  
Embarq  
Life Management of NW Florida  
Suttons Too Educational Center  
Emerald Coast Utility Authority  
Girls and Boys Club of FWB  
Silver Sands School  
Tallahassee Electric Department  
Streamline Roofing

## FDOT Maintenance of Traffic Intermediate Level

Who needs this course? Personnel involved in the planning, design, implementation, and maintenance of **Work Zone Safety!**

On-site training available for groups of 10 or more. To schedule your employees contact Pam Johnson or Erin Seward at 850-877-5193, Ext. 106. You can email us @ [nf@embarqmail.com](mailto:nf@embarqmail.com) or [erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com).

Price: NFSC Members \$180 each and Non-NFSC Members \$200 Each for 16-Hr Course  
NFSC Member \$80 each and Non-NFSC Member \$100 each for 8-Hr Refresher course

**Schedule: 16-Hr.**

**June 19-20 Panama City August 14-15 Marianna**

**October 16-17 Tallahassee**

**December 18-19 Location to be announced**

**Schedule: 8 Hr. Refresher September 19 Marianna**



# PRINCIPLES OF SAFETY MANAGEMENT

**(PSM - ONE STEP ABOVE)**

The North Florida Safety Council is proud to introduce the newly revised P.S.M. Program for Safety Professionals. The North Florida Safety Council has been serving north Florida in Safety Training for over 30 years. Now let us train you one step above the rest!



## What is PSM?

The Principles of Safety Management© Series (PSM) is a continuing education tool and training program for safety professionals. offered exclusively through the Florida Association of Safety Councils and the Northeast Florida Safety Council.

**Why enroll in PSM?** With many companies downsizing, employees are expected to wear many hats, including that of safety professional.

To be successful a company must be able to recognize the broad range of factors impacting its exposure to loss and injury. Determining what is critical can mean the difference between profit and loss, or life and death.

**June 27**—8am—How to develop a Safety Program

1pm—Employee Screening & safety program

**July 25**— 8am—Understanding Behavior & Stress Strategies

1pm—Methods and Techniques of Training

**August-29**— 8am-Loss Control Part 1

1pm -Loss Control Part 2

Courses will be conducted at the NFSC, Tallahassee, FL. On-site classes available for groups of 10 or more. To enroll contact Pam Johnson or Erin Seward at 877-5193, Ext. 106. Email: [nf@embargmail.com](mailto:nf@embargmail.com) or [erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com).

# ***PSM NEWLY REVISED COURSE MATERIALS***

## **How To Develop A Safety Program**

- Learn how to develop and enhance your safety program Florida Workers' Compensation law authorizes premium reductions for an effective safety policy promoting safe working conditions.

## **Preparing for Emergencies**

- Assists in development of a comprehensive action plan for a potential crisis. Covers program responsibility and management, personnel training, fire and explosion, evacuation and much more.

## **Employee Screening & Safety Orientation**

- Reduce problems by careful selection and orientation of new employees. Learn the win/win method of employee termination, a thorough orientation process and employee selection and hiring. A must for all personnel involved in the hiring process.

## **Understanding Behavior and Stress Strategies**

- Recognize stress control and reduction techniques, and learn how to aid supervisors and management can contribute less to employee stress. Identify mood and attitude changes caused by on and off the job stimuli.

## **Ergonomics**

- OSHA calls the '90's the Decade of Ergonomics. Topics covered include workplace corrections to reduce both employee injuries and workers' compensation claims. Improving your employee safety and productivity is easily accomplished.

## **Methods and Techniques of Training**

- Safety training, required by OSHA, makes good sense. Learn methods of presentation that will guarantee learning and retention. Motivating your employees, producing dynamic safety meetings and more are covered in this program.

## **Record keeping & Documentation**

- This course covers the details of record keeping: what is recordable and what is not, what is recordable as an injury, as an illness, and categorizing the difference between illness and injury. Analyzing the data to prevent similar incidents from recurring is also discussed.

## **Loss Control Part I**

- Foundations - Introduces the principals of insurance and the importance of inspections before and after the incident. Attention is given to how and why to investigate near miss incidents and understand Job Safety Analysis.

## **Loss Control Part II**

- Applications - Part I is not a pre-requisite to Part II. Students will examine applications during group exercises. Employer/ employee rights and obligations are explored.

## **Incident Reporting & Investigation**

- A systematic approach is necessary - for both reporting and investigation. Proper procedure will identify causal factors and suggest corrective actions that will reduce or eliminate the probability of recurrence.

## **Managing a Drug Free Workplace**

- A state approved Drug Free Workplace will directly reduce premiums and positively impact your cost of doing business. Drug use results in increased job turnover, absenteeism, injuries, and theft/security problems. All of these lead to poor employee morale and performance.

## **Principles of Safety Management**

**Call 850-877-5193, Ext. 106 to enroll !**

**Fee: NFSC Member \$50 per course**

**Non-NFSC Member \$60 per course**

\$50 one time PSM Program Certificate Completion Fee for those who complete 40 hr core courses and 10 hours of electives.



*Message from our Executive Director,  
Doug Gifford*

**“Well done to our DUI Program Staff and Instructors”. We are proud of you and the job you do!**

**DUI Data:** According to DHSMV data, in 2006, 61,692 DUI clients were served statewide by DUI Programs. NFSC served 1,651 of these clients. Recidivism rate statewide, in history, comparing three years before to three years after the education intervention, 13.52%. Recidivism rate for NFSC: Overall ( First and Multiple Offender): 11.4%, First Offenders, 12.01%, Multiple Offenders; 10.08%.

According to Milton Grosz, III, Management Review Specialist, Bureau of Driving Education and DUI Programs with the State of Florida, the 2007 data will not be available until July, 2008.

*The NFSC DUI Program serves the 2nd and 3rd Judicial Circuit: Leon, Gadsden, Jefferson, Wakulla, Madison, Taylor Liberty, and Franklin Counties.*

**Lack of Safety Belt Usage:** According to Florida, DOT, in 2006, 2,103 people killed in vehicles equipped with safety belts, 61.9% of those killed were not wearing their safety belts. Below are numbers per county.

Madison 4	Taylor 16	Bay 13	Calhoun 1	Escambia 16	Franklin 1
Gadsden 14	Gulf 0	Holmes 3	Jackson 11	Jefferson 7	Leon 13
Liberty 3	Okaloosa 6	Santa Rosa 11	Wakulla 3	Walton 13	Washington 5

**NFSC Court Referral Programs**

- **Basic Driver Improvement, 4 hrs, classroom or online**
- **8-Hour Intermediate Driver Improvement Course, classroom or online**
- **4-Hour Alcohol, Drug and Traffic Seminar (TRAFFIC LAW AND SUBSTANCE ABUSE COURSE)**
- **D.A.T.E.—online course for: 4-Hour Alcohol, Drug and Traffic Seminar**
- **8-Hour Aggressive Driver Course, classroom**
- **12-Hour Advanced Driver Improvement, classroom or online**
- **Youth Tobacco Awareness, classroom, classroom**
- **Life Skills/Civic Responsibility, classroom**
- **Driving while Drivers License Suspended/Revoked Support Seminar, classroom**
- **Victim Awareness Program 2 1/2 hours, classroom**

**Many of the programs above are offered in the NFSC service area. For more information, please contact Doug Gifford, Executive Director or Pam Johnson, Associate Director at 1-888-905-8959 or your local NFSC number.**

### MISSION STATEMENT



The **Florida Association of Safety Councils (FASC)** members are private, not-for-profit, public service organizations.

The objective of the Safety Councils is to promote safety education for businesses, government, traffic, home and recreation. Our goal is to reduce accidents, injuries and deaths. The Florida Association of Safety Councils provides a forum for Safety Councils to examine and act on issues impacting Floridians on driving, safety and health issues.



FASC is affiliated with the **American Association of Safety Councils (AASC)**, an international association of independent safety councils.

The Florida Association of Safety Councils are proud members of the **Florida Trucking Association (FTA)** and the **Safety Management Council (SMC)**.



The *Safety Council News* is published six times a year to keep business and industry informed of the Florida Association of Safety Council's activities and safety and health news and developments. NOTE: The information herein was obtained from sources believed reliable and the Association has exercised reasonable care to assure its accuracy. However, the Florida Association of Safety Councils does not guarantee that the contents of the *Safety Council News* are correct and statements from other sources do not necessarily reflect the opinion or position of the Association.

## New Members and Renewals

ENGEN, LLC  
 Chelco Services Inc.  
 Choctawatchee Electric Coop.  
 City of Chipley  
 City of Milton  
 City of Monticello  
 Colquitt Regional Medical Center  
 Escambia County Board of County  
 Comm.  
 Golden Eagle Golf & County Club  
 Gulf Asphalt Construction  
 Gulf Coast Electric Coop.  
 J. Smith Lanier and Company  
 Snellgrove Surveying & Mapping

Holley Navarre Water  
 Pichard Insurance Agency  
 Regional Utilities System of Walton  
 Co.  
 Southeastern Surveying and Map-  
 ping  
 St. Marks Powder  
 West Florida Electric Coop.

Have questions regarding member  
 services? Contact our member  
 services department @  
 877-5193, Ext. 106.