



# Safety Council News

Florida Association of Safety Councils - Newsletter - 14th Edition

July – August – September 2008 Take care! Safety is no accident!

FASC provides a forum for Florida Safety Councils to examine and act on issues impacting driving, occupational and public safety.

FASC develops safety education programs available to member Councils individually or collectively.

*The North Florida Safety Council serves Southeast Alabama, Southwest Georgia and North Florida. The North Florida Safety Council has offices located throughout North Florida. We are a member of the Florida Association of Safety Councils and American Association of Safety Councils.*

Visit our Website at:  
[www.nflasafety.com](http://www.nflasafety.com)

E-mail us at:  
[nf@embarqmail.com](mailto:nf@embarqmail.com) or  
[erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com)

Tallahassee & Georgia  
2003-B Apalachee Pkwy,  
Parkway Office Building  
Tallahassee, Fl 32301  
850-877-5193 Ext. 106  
Fax: 850-877-8428  
Toll free: 888-905-8959

Marianna and Panama City  
800-858-4842  
850-482-5523  
Panama City  
850-784-4451

Pensacola & Ft. Walton Beach  
850-484-2858-Pensacola  
850-864-2523-Ft Walton Beach

Georgia and Alabama call  
1-888-905-8959



## Hurricane Season

## Prepare Now



### Before a Hurricane

To prepare for a hurricane, you should take the following measures:

- Make plans to secure your property. Permanent storm shutters offer the best protection for windows. A second option is to board up windows with 5/8" marine plywood, cut to fit and ready to install. Tape does not prevent windows from breaking.
- Install straps or additional clips to securely fasten your roof to the frame structure. This will reduce roof damage.
- Be sure trees and shrubs around your home are well trimmed.
- Clear loose and clogged rain gutters and downspouts.
- Consider building a safe room.

### Evacuation Plans

When community evacuations become necessary, local officials provide information to the public through the media. In some circumstances, other warning methods, such as sirens or telephone calls, also are used. Additionally, there may be circumstances under which you and your family feel threatened or endangered and you need to leave your home, school, or workplace to avoid these situations. The amount of time you have to leave will depend on the hazard. If the event is a weather condition, such as a hurricane that can be monitored, you might have a day or two to get ready. However, many disasters allow no time for people to gather even the most basic necessities, which is why planning ahead is essential.

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## Evacuation Guidelines

- Keep a full tank of gas in your car if an evacuation seems likely. Gas stations may be closed during emergencies and unable to pump gas during power outages. Plan to take one car per family to reduce congestion and delay.
- Make transportation arrangements with friends or your local government if you do not own a car.
- Gather your family and go if you are instructed to evacuate immediately.
- Listen to a battery-powered radio and follow local evacuation instructions.
- Leave early enough to avoid being trapped by severe weather.
- Follow recommended evacuation routes. Do not take shortcuts; they may be blocked.
- Be alert for washed-out roads and bridges. Do not drive into flooded areas.
- Stay away from downed power lines.

## During a Hurricane

- Listen to the radio or TV for information.
- Secure your home, close storm shutters, and secure outdoor objects or bring them indoors.
- Turn off utilities if instructed to do so. Turn the refrigerator to its coldest setting and keep its doors closed.
- Turn off propane tanks. Avoid using the phone, except for serious emergencies.
- Moor your boat if time permits.
- Ensure a supply of water for sanitary purposes such as cleaning and flushing toilets. Fill the bathtub and other large containers with water.

## Returning Home

- Keep a battery-powered radio with you so you can listen for emergency updates and news reports.
- Use a battery-powered flash light to inspect a damaged home. Note: The flashlight should be turned on outside before entering - the battery may produce a spark that could ignite leaking gas, if present.
- Watch out for animals, especially poisonous snakes. Use a stick to poke through debris.
- Use the phone only to report life-threatening emergencies.
- Stay off the streets. If you must go out, watch for fallen objects; downed electrical wires; and weakened walls, bridges, roads, and sidewalks.

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**Renew your First Aid, CPR/AED, and Bloodborne Pathogens today! Call 850-877-5193, Ext. 106 or your local NFSC number to schedule training for you and**

## NEW LAWS FOR MOTORCYCLE LICENSURE TAKE EFFECT JULY 1!

### Basic Rider Course now required for all motorcycle endorsement

TALLAHASSEE .....The Department of Highway Safety and Motor Vehicles wants to remind future motorcyclists of a change in Florida law effective July 1, 2008.

Beginning July 1, new motorcyclists must successfully complete the Basic Rider Course through the Florida Rider Trainer Program before they can have the motorcycle endorsement added to their driver license, per section 322.12(5)(a), Florida Statutes.

Before July 1, 2008, anyone over the age of 21 could take and pass the knowledge test and skills test and get a motorcycle endorsement," said Director of the Division of Driver Licenses Sandra Lambert. "After July 1 of this year, everyone will have to take the class and pass the test, no matter their age.

New motorcyclists must successfully complete the Basic Rider Course through the Florida Rider Trainer Program before they can have the motorcycle endorsement added to their driver license.




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## CONTACT YOUR LOCAL SAFETY COUNCIL FOR MORE INFORMATION

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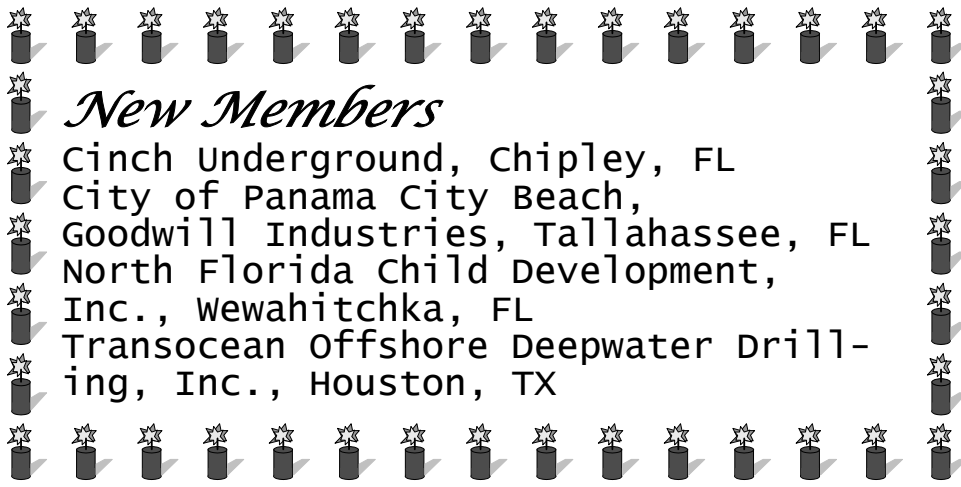
### Lightning Safety Tips

1. **PLAN** in advance your evacuation and safety measures. When you first see lightning or hear thunder, activate your emergency plan. Now is the time to go to a building or a vehicle. Lightning often precedes rain, so don't wait for the rain to begin before suspending activities.
2. **IF OUTDOORS...** Avoid water. Avoid the high ground. Avoid open spaces. Avoid all metal objects including electric wires, fences, machinery, motors, power tools, etc. Unsafe places include underneath canopies, small picnic or rain shelters, or near trees. Where possible, find shelter in a substantial building or in a fully enclosed metal vehicle such as a car, truck or a van with the windows completely shut. If lightning is striking nearby when you are outside, you should:
3. **IF INDOORS...** Avoid water. Stay away from doors and windows. Do not use the telephone. Take off head sets. Turn off, unplug, and stay away from appliances, computers, power tools, & TV sets. Lightning may strike exterior electric and phone lines, inducing shocks to inside equipment.
4. **SUSPEND ACTIVITIES** for 30 minutes after the last observed lightning or thunder.
5. **KNOW YOUR EMERGENCY TELEPHONE NUMBERS.**




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Beat the summer heat and let us conduct your monthly safety meeting. You give us the topic, and we will take care of the rest!. (Fee based on number of employees).



## *New Members*

Cinch Underground, Chipley, FL  
 City of Panama City Beach,  
 Goodwill Industries, Tallahassee, FL  
 North Florida Child Development,  
 Inc., Wewahitchka, FL  
 Transocean Offshore Deepwater Drilling,  
 Inc., Houston, TX

For membership services contact Pam Johnson or Erin Seward at the North Florida Safety Council Membership Services Department. Phone: 1-888-905-8959, Ext.106 or your local NFSC number. Visit our website @ [www.nflasafety.com](http://www.nflasafety.com).  
 Email:  
 Pam Johnson, [nf@embarqmail.com](mailto:nf@embarqmail.com) or  
 Erin Seward @ [erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com).

## *Membership Renewals*

Baker-Harris Insurance Agency, Tallahassee, FL  
 Benson's Heating and Air Conditioning, Inc., Tallahassee, FL  
 BroadBand Tele-Communications, Panama City, FL  
 City of Panama City  
 Florida Department of Environmental Protection, Tallahassee, FL  
 Franklin Insurance Agency, Inc., Tallahassee, FL  
 Harborlite Corporation, Quincy, FL  
 Holley Navarre Water System, Navarre  
 Jackson County Board of County Commissioners,  
 Marianna, FL  
 Kennedy Network Services, Inc., Reidsville, GA  
 Quest Engineering, Tallahassee, FL  
 Solomon Construction Company, Quincy, FL  
 South Eastern Surveying, Chipley, FL  
 TLC Providers, Panama City, FL  
 Trawick Construction, Chipley, FL  
 VMS-Monticello, FL  
 Wellstream Corporation, Panama City, FL



## *Thank you for allowing us to provide training for your employees!*

LaPetite Academy  
 City of Tallahassee,  
 Electric Dept.  
 Total Fitness Gym  
 Workforce Plus  
 Wellstream Corp.  
 Calhoun Co. Senior  
 Citizens  
 Jefferson Elementary  
 School  
 Dr. Richard Thomas  
 Melvin Engineering  
 Tallahassee Democrat  
 City of Chipley  
 Apalachee Center of  
 Human Services

Panama City Port Au-  
 thority  
 Cinch Underground  
 Southeastern Blood  
 Center  
 Good Sheppard Lutheran  
 Church-Learning Center  
 First United Methodist  
 Church of Niceville  
 J Trans  
 Williams & Parker In-  
 vestments  
 State Attorneys Office  
 Fl DEP  
 Gulf Co ARC

Crestview Family Den-  
 tistry  
 Navarre Family Dentistry  
 Kiddie Campus  
 City of Marianna  
 Childrens Connection  
 VMS  
 Teko Gas  
 City of Panama City Beach  
 Trawick Const.  
 Oaktree Child Development  
 Center

**Need Training?**

# **FDOT Maintenance of Traffic Intermediate Level**

Who needs this course? Personnel involved in the planning, design, implementation, and maintenance of **Work Zone Safety!**

On-site training available for groups of 10 or more. To schedule your employees contact Pam Johnson or Erin Seward at 850-877-5193, Ext. 106. You can email us @ [nf@embargmail.com](mailto:nf@embargmail.com) or [erinseward2000@yahoo.com](mailto:erinseward2000@yahoo.com).

Price: NFSC Members \$180 each and Non-NFSC Members \$200 Each for 16-Hr Course  
NFSC Member \$80 each and Non-NFSC Member \$100 each for 8-Hr Refresher course

**Schedule: 16-Hr.**

**August 14-15 Marianna**

**October 16-17 Tallahassee**

**December 18-19 Location to be announced**



## **Principles of Safety Management**

### **What is PSM?**

The Principles of Safety Management© Series (PSM) is a continuing educational tool and training program for safety professionals. Offered exclusively through the Florida Association of Safety Councils and the Northeast Florida Safety Council.

**Why enroll in PSM?** With many companies downsizing, employees are expected to wear many hats, including that of safety professional.

**July 25,** 8am—Understanding Behavior & Stress Strategies & Methods and Techniques of Training, 1pm.

**August 29,** 8am-Loss Control Part 1 & Loss Control Part 2, 1pm.

**September 26,** 8am-Managing A Drug Free Workplace & Incident Investigation/Reporting, 1pm.

**October 31,** 8am-Managing Workers Comp. & 1pm-PSHA Recordkeeping

Courses will be conducted at the NFSC, Tallahassee, FL. On-site classes available for groups of 10 or more. To enroll contact Pam Johnson or Erin Seward at 850-877-5193, Ext. 106. Email: [nf@embargmail.com](mailto:nf@embargmail.com) or [erinseward2000@Yahoo.com](mailto:erinseward2000@Yahoo.com).



## *Message from our Executive Director, Doug Gifford*

**Distractive Driving has become a real issue on the job and off the job. There are steps that we can take to prevent unintentional injuries and deaths. Please share this information from NSC with your families and employees.**

## **Distracted Driving**

According to the NHTSA ([Driver Distraction, Telematics And Highway Safety](#)), a significant number of driving accidents are caused by distractions.

...driver distraction in all of its various forms probably contributes to between 20 and 30 percent of all crashes. Exact statistics may never be known due to the difficulty of determining driver actions prior to a crash.

The [AAA](#) (American Automobile Association) reports that the annual cost of motor vehicle accidents in the U.S. amounts to \$164.2 billion (news report, [Catherine Clifford, money.cnn.com](#), March 5, 2008). Based on figures from the NHTSA study and the AAA numbers, we can infer that the national cost of motor vehicle accidents due to distractions is likely between \$33 and \$50 billion per year.

Furthermore, according to OSHA, the cost to employers due to motor vehicle accidents is \$60 billion per year. In other words, more than 35% of the national cost of motor vehicle accidents is borne by employers, that is, motor vehicle accidents caused by distracted drivers could be costing businesses between \$11 and to \$17 billion every year.

We should, of course, not forget that there is a human element concealed behind these numbers. Providing driving education and training can not only save your business thousands of dollars it can also save your employees the pain and anguish that follow in the aftermath of accidents.

- Approximately 80 percent of all traffic accidents involve some type of inattentive driving
- Cell phone use is the most common distraction for drivers
- An estimated 10 percent of drivers during typical daylight hours are driving under some type of hand-held or hand-free phone.
- Using a phone while driving causes slower reaction time comparable to that of a person who is legally drunk, (.08)
- Texting, GPS and in-car computers have added to the rise in distractive technologies

**Behind the Wheel Driving Program—Tallahassee, FL.  
For more information contact Instructor, Dan Walker,  
North Florida Safety Council, 877-5193, Ext. 101.**

# North Florida Safety Council

Online Occupational Safety Course Library  
To Log on go to: [www.nflasafety.com](http://www.nflasafety.com)

Click on online industrial training to select one of our many online courses. For more information contact Pam Johnson or Erin Seward, 850-877-5193, Ext. 106.



## OSHA Outreach Training

10 Hour Construction Outreach  
30 Hour Construction Outreach  
10 Hour General Industrial Outreach

## General Industry Courses

HACCP Food Safety Course  
NFPA 70E  
OHSAS 18001  
ISO 14000  
Beryllium and Cadmium Hazards in the Workplace  
Bloodborne Pathogens  
Building Security  
Business Ethics  
Confined Spaces for General Industry  
Drug and Alcohol Abuse in the Workplace  
Electrical Safety for General Industry  
Ergonomics for Non-Office Workers  
Ergonomics for Office Workers  
Hazardous Materials  
Hazard Communications  
Hazards of Asbestos in the Workplace  
Industrial Hygiene  
Introduction to OSHA and the OSH Act  
Ionizing and Non-ionizing Radiation Safety  
Lead Safety in the Workplace  
Lockout/Tagout  
Machinery and Machine Guarding  
Materials Handling and Storage for General Industry  
Means of Egress and Fire Protection  
OSHA—Hazwoper  
Personal Protective & Lifesaving Equipment  
Personal Protective Equipment for General Industry  
Personal Response to Trauma  
Professional Response to Trauma

Professional Response to Trauma  
Safety and Health Programs  
Safety Orientation  
Use of Explosives in the Workplace  
Walking and Working Surfaces  
Welding, Cutting and Brazing for General Industry  
Workplace Violence

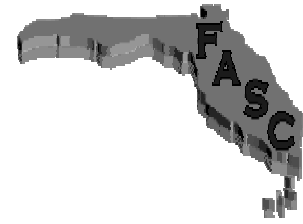
## Hazardous Waste

Hazwoper 40 Hour Course  
Hazwoper 24 Hour Course  
Hazwoper 8 Hour Refresher  
First Responder Awareness Level-4hr  
First Responder Operations Level-8 hr  
DOT Hazmat General Awareness

**Also available are courses in:**

**Construction  
Electrical  
Human Resources  
Environmental  
Healthcare Safety**

## MISSION STATEMENT



The **Florida Association of Safety Councils (FASC)** members are private, not-for-profit, public service organizations.

The objective of the Safety Councils is to promote safety education for businesses, government, traffic, home and recreation. Our goal is to reduce accidents, injuries and deaths. The Florida Association of Safety Councils provides a forum for Safety Councils to examine and act on issues impacting Floridians on driving, safety and health issues.



FASC is affiliated with the **American Association of Safety Councils (AASC)**, an international association of independent safety councils.

The Florida Association of Safety Councils are proud members of the **Florida Trucking Association (FTA)** and the **Safety Management Council (SMC)**.



The *Safety Council News* is published six times a year to keep business and industry informed of the Florida Association of Safety Council's activities and safety and health news and developments. NOTE: The information herein was obtained from sources believed reliable and the Association has exercised reasonable care to assure its accuracy. However, the Florida Association of Safety Councils does not guarantee that the contents of the *Safety Council News* are correct and statements from other sources do not necessarily reflect the opinion or position of the Association.



## Certified Occupational Safety Specialist

To Register: Contact

Erin Seward, 850-877-5193, Ext. 309  
Pam Johnson, 850-877-5193, Ext. 106

Visit our website @

[www.nflasafety.com](http://www.nflasafety.com) for more COSS information

Dates: October 13-17, 2008

Location: Holiday Inn

Sunspreet Resort,

Panama City Beach, FL

Fee: NFSC Member: \$1,699.00

Non-NFSC Member: \$2,199.00

Pre-Pay Only—No Refunds